

FOUNDER

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A professional portrait of Claude Chauchard, a middle-aged man with short brown hair, smiling warmly. He is wearing a dark navy blue suit jacket over a white dress shirt. He is seated on a dark wooden stool, with his left hand resting on his lap and his right hand on his thigh. He is wearing a silver watch on his left wrist. The background is a dark, neutral grey.

CLAUDE CHAUCHARD

CHAIRMAN AND CEO
LA CLINIQUE DE
PARIS INTERNATIONAL

POWERED BY ASIA CEO COMMUNITY & CSUITE XCHANGE



About Claude Chauchard:

Dr. Claude Chauchard was born in August 27th 1945 in Rodez, France. He obtained his doctorate in Endocrinology, Biology and Sports Medicine from the University of Montpellier, France. He is the founder of the International Institute for Preventive Anti-ageing Medicine and was an Assistant Professor at the University of Montpellier from 1974 to 1979).

He is also one of the world's top specialists in preventive medicine for ageing, and the first one to introduce this concept in Asia. Over one million copies of his eighteen books written on the ageing process have been sold. He gives regular lectures and seminars in Paris, Milan, Barcelona, Brussels, Monte Carlo, Rio De Janeiro, Geneva, and other major cities around the world.



WHAT DO YOU THINK SETS LA CLINIQUE DE PARIS INTERNATIONAL APART FROM OTHER HEALTHCARE INSTITUTIONS, AND HOW CAN YOU CONTRIBUTE TO ITS SUCCESS?

La Clinique de Paris is entirely focused on the study and prevention of aging. Our approach is already different in terms of our highly targeted biological tests on cell aging, such as the state of our cell membranes, the activity of the cell nucleus, its oxidation, the study of food intolerances, and intestinal microbiota, to name just a few tests. We also study neurotransmitters and brain aging memory loss etc. This is where we differ fundamentally: our patients are healthy and want to stay that way.

In what ways do you prioritize patient-centered care, and how do you ensure that patients feel supported and heard in their healthcare journey?

Our healthcare system focus on a healthy aging and preventive medicine, we prioritize listening to our patients, recognizing that understanding their needs, both known and unknown, is crucial. Unlike typical 5-10 minutes consultations in France or Hong Kong, or elsewhere in the world. We dedicate over an hour per patient. Additionally, we offer a year-long healthcare journey for each patient to make sure we have time to influence life time. We added a strong monitoring of prescription follow up.

Our long-term care system focuses on healthy aging and age management, with a strong emphasis on patient listening. Recognizing both known and unknown needs of patients as crucial is commendable.

This patient-centered and holistic approach, considering both physical and emotional needs, is admirable. The extended consultation duration allows for a deeper understanding of individual needs, contrasting sharply with shorter typical consultations that may limit effective understanding and treatment.

The one-year long-term care day is also a notable initiative, providing the opportunity to monitor patients over an extended period, essential for effective surveillance and adapting treatments over time.



**WE ARE INTERESTED
IN LEARNING MORE
ABOUT YOUR AGE
MANAGEMENT AND
HEALTHY PROGRAM,
SPECIFICALLY THE
HOPE PROGRAM
TARGETED AT CEOs
AND EXECUTIVES.
COULD YOU PROVIDE
US WITH MORE
DETAILS ABOUT IT?”**



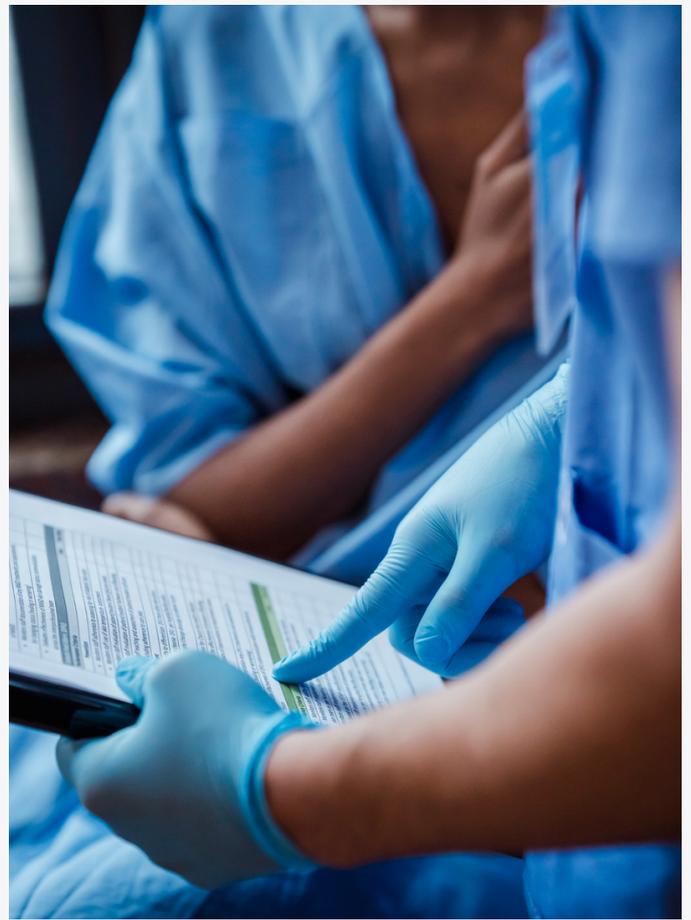
This question is very important to me, as it is at the heart of the interest in this interview. When you are a corporate leader with significant responsibilities, you are subjected to daily stress, often invited to events, and during most dinners, there is a mix of too much food, too much alcohol too much starch and sugars Executives are thus in danger of cardiovascular risks, pre-diabetes, or fatty liver and much more!!!

All these pathologies show very few clinical signs. That's why I created, with my medical team, the HOPE program, or Health Optimization Program for Executives. This program allows for the screening of all these silent pathologies and therefore to prevent and heal them. That's our goal, and of course, to extend the quality of life of our leaders so that they can continue to instill the right dynamism in their entire team.

The main part of the program is, first and foremost, the consultation with the doctor. Secondly, there is an extensive evaluation of blood tests, specifically focused on cellular aging, cancer markers, gut permeability, and body oxidation, among others. Then comes the diagnosis and biophysical check-up, after which we offer a program tailored to the patient's individual needs, taking into account their specific health conditions and lifestyle. This is the tailor-made HOPE Program.

HOW DO YOU HANDLE STRESSFUL SITUATIONS AND MAINTAIN COMPOSURE IN A MEDICAL EMERGENCY?

In medical emergencies, our strength lies in our local and international network, particularly with France. This allows us to handle any emergency across various specialties promptly and effectively, ensuring patient safety and optimal outcomes.

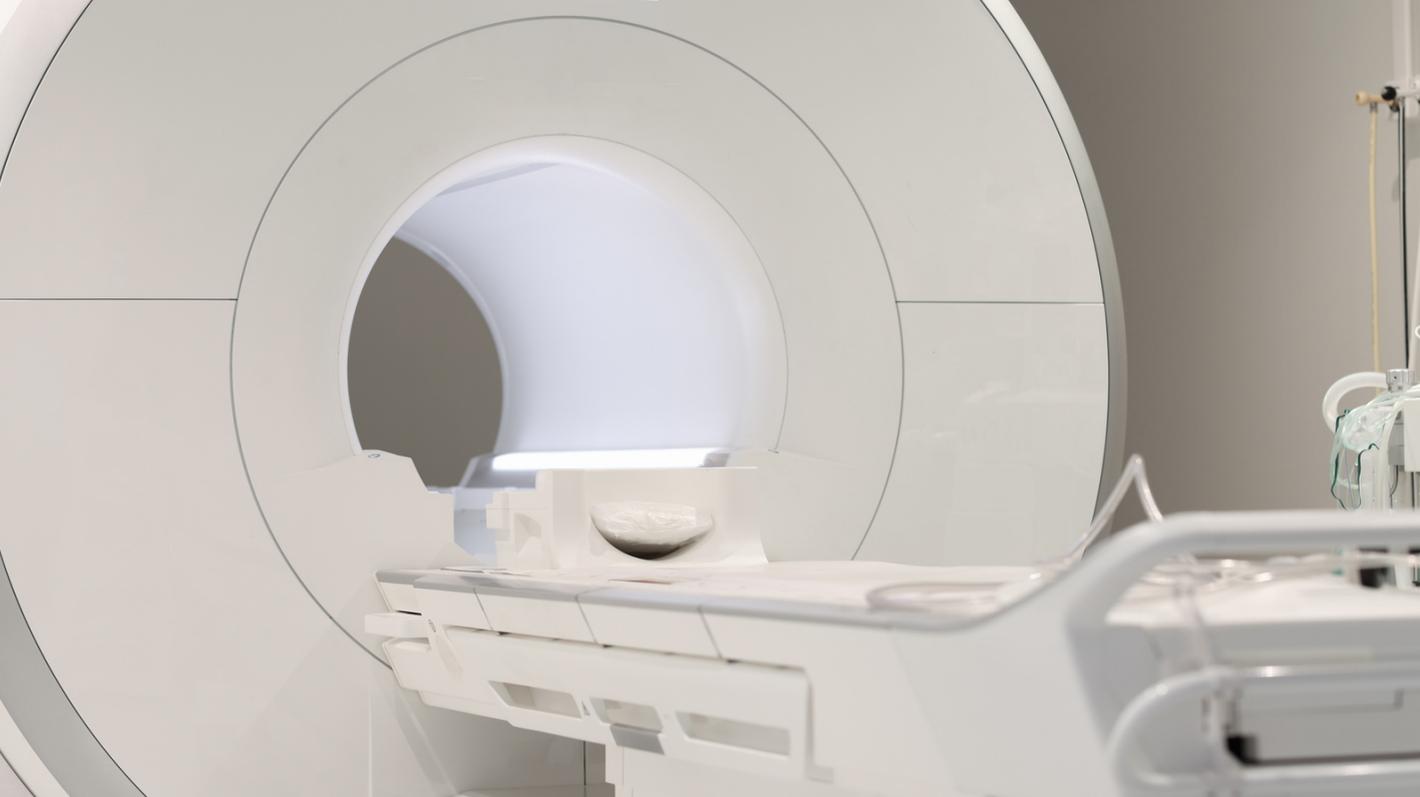


HOW DO YOU ENSURE PATIENT CONFIDENTIALITY AND PRIVACY IN YOUR WORK?

Patient confidentiality and privacy are paramount, especially given our clientele, which includes public figures and celebrities. We maintain strict access control, only allowing entry to those introduced by existing members, ensuring a secure and private environment.

Maggie Au Yeung
EDITED BY





CAN YOU PROVIDE AN EXAMPLE OF A CHALLENGING MEDICAL CASE YOU'VE HANDLED IN THE PAST AND HOW YOU APPROACHED IT?

A notable case was a thyroid cancer patient from China. Recognizing the severity, we swiftly arranged for surgery and treatment at Montpellier University. Despite the need for additional radioactive treatments, our efficient coordination and use of private transportation facilitated a successful outcome, allowing the patient to resume a normal life.



How do you approach and manage the integration of new medical technologies into your practice, ensuring optimal patient care?



Our approach to new medical technology is highly progressive, and our active involvement in conventions and the annual anti-aging convention in Monte-Carlo highlights our commitment to innovation in anti-aging medicine. Collaborating with an international network of 1000 physicians specializing in anti-aging provides a powerful platform for knowledge exchange and ongoing development in this field.

Incorporating cutting-edge technologies like Neurocytonics from America, which appears promising for regeneration and potentially for the prevention or treatment of neurodegenerative diseases such as Parkinson's and Alzheimer's, is particularly impressive. This technology could also play a role in slowing down the aging process of the brain, a key aspect of anti-aging medicine.



Furthermore, our connection with innovative research projects like Ingraalys and Organips are two Biotech from Montpellier University of Medicine noteworthy. Ingraalys focuses on regenerative tissues, particularly for skin and hair regrowing, while Organips is working to reproduce new organs in the body, mainly concentrating on the pancreas, brain, and stomach. This development holds the potential for curing many diseases and aligns closely with the fields of age management and anti-aging medicine.

Overall, our continuous engagement with these new technological advancements in medicine shows a forward-thinking approach in addressing aging and related health issues.

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WHAT IS MOST IMPORTANT TO YOU AND YOUR ORGANIZATION – MISSION, VISION, OR CORE VALUES? WHY?

My professional activity revolves around three main areas. Firstly, my role as a physician in France, where I regularly go back every two months and practice this young specialty of anti aging medicine that has existed for only about twenty years. When I'm in France, I am also the CEO of Ingraalys, the biotech I mention above and I need to visit.

Andy finally, in Hong Kong and Asia I'm spending two-thirds of my time as the chairman and CEO of La Clinique de Paris group, which specializes in preventive aging medicine and regenerative medicine.





WHAT DOES THE FUTURE HOLD FOR YOUR COMPANY?

The future is probably how we can control the telomeres activity and how we can control the shortening of the chromosomes and the next future is also the stem cell technologies, speciality coming to 2 biotech : Organips & Ingraalys from Montpellier University. The working on the re-enegetic of 3 organs, the pancreas, liver & kidney. By this way, we can cure a lot of disease and cure a lot of life.



Disseminating Knowledge: I have written numerous books to simplify my knowledge for a wider audience. I also participate in many conferences and write numerous articles in the press, contributing significantly to raising awareness of this emerging field of preventive age medicine, often mistakenly associated with aesthetic medicine, while they are actually complementary specialties.

Future Aspirations: My current wishes include partnering with those who share the desire to develop preventive aging medicine, ensuring the sustainability of what we have created with my current partners. Additionally, finding investors for the two Biotechnology companies, Ingraalys and Organips, whose fantastic activities I mentioned earlier is also a priority.

Historical Perspective: Reflecting on my journey to Asia 30 years ago, I had almost succeeded in establishing a partnership between the Faculty of Medicine in Montpellier and Hong Kong, but it was abruptly halted due to a tragic traffic accident. However, I never lose hope and believe that now may be the time for these plans to come to fruition.

For more information on La Clinique de Paris International, please refer to Chauchardclo@yahoo.fr.

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